Lochaber Yacht Club

Learn To Sail 2010

LYC will offer RYA courses for both Juniors and Adults to learn to sail dinghies

The Club will run an RYA level 2 Dinghy Sailing Course over 3 Weekends;- 1/2, 8/9 & 15/16 May. This is an ADULTS beginner's course. If you are a member of the club, the cost of the course will be £35 (Juniors £25) (covers the cost of Safety Boat Fuel, Handbooks and Certificates). If you have not yet joined then £75 (Juniors £25) will cover your membership for the rest of the year and the costs of the course. The first muster will be on the evening of Thursday 29th April at 1930 – an informal session to allow for questions, about clothing, gear, what to expect, etc

For juniors there will be a course run over the weekends 17/18 & 24/25 April
First muster Thursday 15th April at 1900 in the Clubhouse
Perfect attendance is strongly recommended.

With enough interest an improvers course will follow on immediately after the Level 2 course on the club night - Thursday evenings. There will also be race training later in the year again if there is sufficient demand.

A limited amount of sailing kit is available but it would be convenient if you could provide yourself with warm clothes, waterproofs, a buoyancy aid and a wetsuit. Junior kit – wetsuit, buoyancy aid, helmet etc, will be available on payment of a deposit which will be refunded when the kit is returned either at the end of the course or at the end of the sailing season. Courses will be limited in numbers and places will be allocated on a first come first served basis.

If you would like to take part complete the following form and send it to: Hamish Loudon, Molendinar, Argyll Road, Fort William PH33 6LF Tel 702370
E-Mail hamloud@hamloud.plus.com

Lochaber Yacht Club RYA Level 2 Dinghy Sailing Course

Name: .....……

Address: .....……

Phone: ……..……. Email……Post Code.....

Enrolment fee - existing member (£35): ..... (Please enclose cheque payable to LYC)
Juniors (£25)

- New member (£75) ……
- Junior member (£25)
-

Next of kin or friend to be contacted in the case of an emergency:

Name: ..... Phone:……

If you cannot swim 50 metres or have a medical condition, which could affect your health or safety, please indicate below. These will not preclude you from the course but we need to know in case special arrangements need to be made for your safety.

I can/cannot swim 50 metres

I have the following medical condition(s):.....…….....

Signature.....

Thank you for considering taking part in the LYC 2010 "Learn to sail". I'm sure you will thoroughly enjoy it and will go on to become an active member of the club.

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